

10 Holiday Skin Care Tips



The holidays should be called 'chillaxidays', because the sole purpose of being away from the daily stress of working, running a household and coping with life in general is to kick back and do only the things you really feel like doing. But let's also get real; you can't go totally overboard, a modicum of rational thinking must prevail. It would be preferable to drag that holiday body back to work next year without too much damage, so here are a few practical tips on surviving the festive season!

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