

Collagen for skin - now you can drink it



Johannesburg - Collagen stimulation is well known as the secret to younger-looking skin, but it has been grabbing more of the spotlight recently due to the increasing number of celebrities who tout it as the elixir of their youth.

Dr Graham Duncombe from Skin, Body & Health Renewal notes that oral collagen products haven't proven scientifically that they are absorbed, even at low molecular weights.

To read the full article visit: [Collagen!](#)