

## Pre and Post Laser Skincare Routine

January 20, 2016



It's been just over two weeks since I had my first Fraxel Dual laser treatment and my skin is looking great! I'm still amazed by the difference the Fraxel Dual has made, not only by finally tackling my pigmentation (head on), but my skin is probably in the best condition it's ever been!

During my first consult, Dr Lawn suggested a prescribed skincare routine that I should follow; with a list of products and supplementation to ensure maximum success with my laser. Of course, I didn't need to use every single one of the products (as it works out pretty pricey), but the Retinol, Pigment Corrector, Sunscreen and a gentle cleanser were absolute musts as was supplementation with Glisodin and Vitamin D3.

**To read the full article click here:**

<http://www.stylescoop.co.za/2016/01/20/my-pre-and-post-laser-skincare-routine/>